

Robert D. Jacobs, M.D.



Bruce K. Reisman, M.D.

ENT ASSOCIATES
MEDICAL GROUP

EAR, NOSE AND THROAT HEAD AND NECK SURGERY

PREOPERATIVE PATIENT INSTRUCTIONS

****PLEASE SAVE THESE INSTRUCTIONS! REFER TO THEM BEFORE AND AFTER SURGERY****

As we plan for your upcoming surgery, our office will obtain the necessary authorization from your insurance company, if applicable. We will then contact you by phone to schedule your surgery and your preoperative appointment. Occasionally, we would also inform you of a second opinion on your surgery that would be required by your insurance.

The preoperative appointment serves several functions: A full explanation of your surgical procedure will be done as well as a comprehensive medical history and physical examination. You will also be asked to visit the surgical unit for a pre-op appointment. Appropriate lab work will also be done on the same day.

NOTE:

- Please bring information regarding your health history and all current medications.
- Feel free to bring any family members, if desired, to have their questions answered.
- You must *not* take any aspirin for two weeks prior to your surgery. There are restrictions on Advil, Motrin, Aleve, and other anti-inflammatories. Please ask us about these, if applicable.
- Tylenol and other acetaminophen products are OK for minor aches and pains.
- Please inform us if you are taking Fen-Phen or any other weight loss medication. You should be off of these for two weeks prior to surgery to prevent anesthetic complications.
- Nothing to eat or drink after Midnight prior to your surgery.
- You may take your important daily medications with a sip of water on the morning of surgery.
- Please call ENT Associates, (760) 724-8749, if you have any questions.