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EAR, NOSE AND THROAT HEAD AND NECK SURGERY

## **POST-OPERATIVE CARE**

### **EAR TUBES**

***\*\*PLEASE SAVE THESE INSTRUCTIONS! REFER TO THEM BEFORE AND AFTER SURGERY\*\****

**ACTIVITY:** The procedure is short and anesthetic recovery is fairly quick, but anesthetic medications persist for 24 hours, impairing coordination. Please protect your child from harm during play and routine activities during this period. Otherwise, activity levels can be normal.

Remember to keep water outside of the ear canal to prevent infection. For bathing and showering, a cotton ball coated with Vaseline can be placed at the entrance to the ear. Silicon or putty ear plugs can be used for other water activities. Custom ear molds are available for purchase, if desired.

**DIET:** Normal

**MEDICATIONS:** As directed.

**FOLLOW-UP:** A routine post-operative check should be scheduled for two weeks after surgery, unless other arrangements have been made. Thereafter, the ears can be examined every six months to monitor their status.